



DECLARATION

WHEREAS: Therapeutic recreation professionals work in a variety of health care settings to provide services for Albertans with physical and mental illness, aging and disabling conditions;

AND WHEREAS: Recreation therapists develop plans with clients based on their interests and strengths to help them achieve improved independence, social connection, community involvement and overall quality of life;

AND WHEREAS: The role of recreation therapists during COVID-19 has been integral to maintaining the quality of life for Albertans in congregate living sites, acute care hospitals, addiction and mental health services and rehabilitation programs;

AND WHEREAS: The benefits of therapeutic recreation are to reduce illness and maintain or increase physical health, psychosocial health, cognitive functioning, personal and life satisfaction, and ultimately lead to improved health outcomes;

THEREFORE: THE HONOURABLE JASON COPPING IS PROUD TO DECLARE FEBRUARY 2022 AS THERAPEUTIC RECREATION AWARENESS MONTH IN ALBERTA.

A blue ink signature of Jason Copping.

The Honourable Jason Copping
Minister of Health