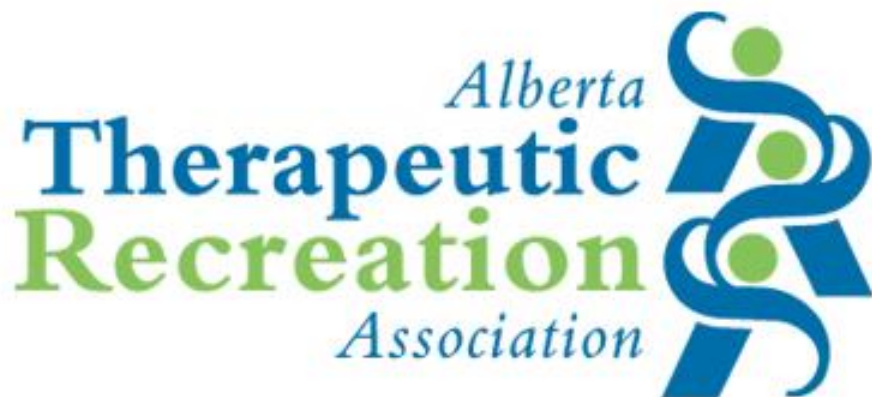


Therapeutic Recreation



Throwback Thursday

ATRA

Symposiums from 1991-2004

Living well...being healthy

The 6th Annual Symposium, 1991

REGISTRATION FORM

TO REGISTER, COMPLETE AND MAIL TO:

A.T.R.A. HOSTING COMMITTEE 1991
 BOX 4673
 EDMONTON, ALBERTA
 T6E 5G5

(please make cheque/money order payable to "SYMPOSIUM 1991")

FEES:	MEMBER	NON-MEMBER
PROFESSIONAL	\$125.00	\$190.00
STUDENT	\$ 90.00	\$115.00

INCLUDES: All session materials, coffee breaks, lunch banquet, and brunch.

REGISTRATION DEADLINE: SEPTEMBER 6, 1991.

NAME: _____

ADDRESS: _____

CITY: _____

PROVINCE: _____

POSTAL CODE: _____ PHONE: _____

DISCIPLINE: _____

FRIDAY, OCTOBER 4, 1991

7:30 - 9:00 Registration
 9:00 - 10:30 Welcome and Keynote Presentation
 10:30 - 11:00 Coffee Break
 11:00 - 12:00 Session One
 12:00 - 1:00 Lunch
 1:00 - 2:00 Session Two
 2:00 - 2:15 Networking
 2:15 - 3:15 Session Three
 3:15 - 3:30 Coffee Break
 3:30 - 4:30 Education Forum
 4:30 - 5:30 Exhibits and Displays
 5:30 - 6:30 Free Time
 6:30 - 7:30 Mix and Mingle - Cocktails (Cash Bar)
 7:30 Banquet, Fashion Show & Awards Ceremony

SATURDAY, OCTOBER 5, 1991

9:30 - 11:00 Keynote Presentation
 11:00 - 12:00 Brunch
 12:00 Annual General Meeting
 (coffee provided)

ACCOMMODATION: Delegates are responsible for arranging their own accommodation. Rooms have been reserved at Fantasyland Hotel, West Edmonton Mall. If you wish to stay at this hotel, please book before September 6, 1991. Rooms range from \$90.00 - \$130.00. You could fulfil your wildest dreams by staying in a **THEME ROOM** for only \$130.00. Register a room by calling

THE ALBERTA
 THERAPEUTIC RECREATION
 ASSOCIATION

SIXTH ANNUAL

SYMPOSIUM

and

GENERAL MEETING

October 4 & 5, 1991

FANTASYLAND HOTEL
 WEST EDMONTON MALL

Edmonton, Alberta



The 6th Annual Symposium, 1991

SESSION CHOICES

SESSION ONE

FRIDAY 11:00 - 12:00

1. Dr. Thomas L. Burton (Associate Dean, Faculty of Physical Education and Recreation, University of Alberta).

DRINKING FOR LEISURE OR LEISURE FOR DRINKING

2. Sara McClain (Master of Arts in Speech Pathology and Audiology, Glenrose Hospital, Edmonton).

COMMUNICATION WITH THE HEARING IMPAIRED

3. Cheryl Knight (Clinical Nurse, Good Samaritan Auxiliary Hospital, Edmonton)

INTEGRATION SYSTEMS IN PLACE: HOW TO DEVELOP A SYSTEM FOR USE IN A HOSPITAL SETTING.

SESSION TWO

FRIDAY 1:00-2:00

1. Jill Kelland (Master's Student, University of Wisconsin, LaCrosse).

HOW DO RECREATION PROFESSIONALS IN ALBERTA FEEL ABOUT THEIR PROFESSION?

A discussion based on thesis research

2. Heather Mattson (Volunteer Coordinator, Grandview Extended Care Centre, Edmonton).

REFLECTIVE SPEAKING IN CASE CONFERENCES.

The 6th Annual Symposium, 1991

3. CASE STUDY PRESENTATIONS: A COLLECTION OF CASE STUDIES DEALING WITH COMMUNITY INTEGRATION.

SESSION THREE
FRIDAY 2:15-3:15

1. Lucy Horbay (Clinical Practitioner, Grant MacEwan Community College, Edmonton).

THE INTEGRATION OF CHILDREN INTO THE COMMUNITY SETTING.

2. The Association of Edmonton Family Services:
MOTIVATION TOOLS FOR CLIENTELE

3. The Alberta Council on Aging: CREATING A PROGRAM IN THE COMMUNITY

The 6th Annual Symposium, 1991

Keynote Speaker Dr. John Dattilo

Dr. Dattilo received his Ph. D from the University of Illinois at Urbana Champaign in 1984 specializing in Leisure Studies. Currently he is the Assistant Professor for the Department of Recreation and Leisure Studies at the University of Georgia

Dr. Dattilo is a Certified Therapeutic Recreation Specialist and has been involved in many recreation associations which have been both therapeutic and community based. He is very involved in recreation for personas with severe handicaps and has given many workshops on various topics regarding the subject. He is a published author and has spoken at many conferences throughout Canada and the United States. We are looking forward to having Dr. Dattilo speak to us in two sessions about the continuum of segregated into integrated experiences and the pros and cons of each.

The 6th Annual Symposium, 1991

EDUCATION FORUM FRIDAY 3:30-4:30

The topic of this year's Education Forum is: **FROM THE CLINICAL SETTING TO THE COMMUNITY - AN EDUCATIONAL PERSPECTIVE**. A panel of professionals in the education and recreation fields will be on hand to answer questions pertaining to theis topic. Come prepared with questions of your own as well. This is sure to be an interesting session.

GUEST DELEGATE PROGRAM:

If you would like to purchase any of the following please check off and include an additional cheque made out to "SYMPOSIUM 1991" and mail with your registration:

Choice Passes for Mall Attractions (one pass is good for any attraction at the Mall i.e.: WATER, PARK, FANTASYLAND, etc.) - **\$10.50 per person**

Banquet Tickets - **\$30.00 per ticket**

Saturday Brunch Tickets - **\$12.00 per ticket** (an excellent idea if you are not planning to attend the Symposium but are planning to attend the Annual General Meeting).



...Open Your Mind To The Possibilities... 1993

CREATIVITY

...Open Your Mind To The Possibilities...

OCTOBER 14 – 16, 1993
Banff School of Fine Arts
Banff, Alberta

...Open Your Mind To The Possibilities... 1993

SCHEDULE/PROGRAM AT A GLANCE SATURDAY, OCTOBER 16, 1993

0700 - 0900 Breakfast.
0900 - 1200 Issues Session:

0900 - 1000 **Health Care: The Rules are Changing**
- Pat Gilmore
1000 - 1030 Nutrition Break.
1030 - 1200 Moderated Discussion.

1200 - 1300 Lunch.
1300 - 1500 ANNUAL GENERAL MEETING.
1500 Adjourn.

PRE-CONFERENCE WORKSHOPS 0900 - 1700, THURSDAY, OCTOBER 14, 1993

The Inner Point of Stillness: Eastern Influences on the Creative Process.

Dr. Bernie Warren

"The mind should be nowhere in particular."
"Mind and body reflect each other's presence."

For everyone the body is an instrument of expression. Physical training, exercises in voice, movement and acting, can help prepare individuals not only for the theatrical stage but also for the many challenges that daily social interactions bring to us. However, many of the exercises and activities that help develop creativity, self-expression and communication are inaccessible to persons with a disability. In order for these exercises to be of benefit they have to be adapted to provide people with disabilities access to the potential learning moments these activities possess. A necessary prerequisite for professionals — who wish to incorporate these creative processes in their work with clients — is that they understand these creative processes themselves.

This workshop will provide professionals the opportunity to explore their own creative process. In particular, it will focus on developing the body as an instrument of expression and communication. The emphasis of

the workshop will be on quieting the ever questioning mind, finding stillness in movement and silence in sound so that one transcends technique, allowing the "art to become an artless art, growing out of the unconscious". Participants should wear loose comfortable clothes for this workshop. There will be provided for participants to discuss ways of adapting activities for their particular 'client' group.

Brief Biography:

Dr. Bernie Warren is a Professor of Dramatic Arts at the University of Windsor, Ontario where he teaches courses in Drama in Education and Movement for the Actor. [For further biographical information please see the following page under Keynote Speaker: Biography].

Creative Pathways to Change: Personal Empowerment in a Restructured World *Dr. Beth Velde*

Due to changing demands in society, the role and focus of therapeutic recreation services is undergoing significant change. While some of this is self-directed, many of the changes are being created by economic conditions, new client populations, and a demand for quality services. Understanding the different paradigms through which we view the world is an essential part of managing change. As professionals, our methods of coping with change depend on creative option seeking and a view of the world which sees the concept of change as a challenge.

This workshop will provide participants with activities to gain personal insight into how we approach change, develop skills to address perceived limitations, develop ways to help staff and clients in dealing with change, and provide a view into the future of TRS services. This workshop is designed for managers and staff alike. Come prepared to tackle the real issues of service provision in a world where change and restructuring have become overworked cliches.

Brief Biography:

Dr. Beth Velde received her Ph.D. from the University of Calgary in 1993. Her current research involves using phenomenology as a way to understand the world around us. Dr. Velde has over twenty years of experience in the area of therapeutic recreation services including university teaching, camp programming, TRS practice, and private consulting.

...Open Your Mind To The Possibilities... 1993

SCHEDULE/PROGRAM AT A GLANCE THURSDAY, OCTOBER 14, 1993

0800 - 0900 Registration Desk Open.
0900 - 1700 Pre-Conference Sessions:

Pre-Conference Sessions

The Inner Point of Stillness:
Eastern Influences on the Creative Process.
Dr. Bernie Warren

Creative Pathways to Change:
Personal Empowerment in a Restructured World.
Dr. Beth Velde

FRIDAY, OCTOBER 15, 1993

0700 - 0900 Breakfast.
0700 - 0830 Registration Desk Open.
0830 - 0930 Keynote Address:

Keynote Address

Through Chi to the Lightbulb:
Creativity, Transformation and Healing.
Dr. Bernie Warren

0930 - 1000 Nutrition Break.
1000 - 1130 Break Out Sessions I:

Break Out Sessions I

- Creative Processes and Visual Imagery: An Art Therapy Perspective – Part 1 – *Alan Briks*.
- Innovative Interventions: Creative Activities for Alzheimer's/ Dementia Individuals – *Lynn Pollemans & Bonnie Clark*.
- Music Speaks When Words Cannot – *Jennifer Lena Buchanan*.

SCHEDULE/PROGRAM AT A GLANCE FRIDAY, OCTOBER 15, 1993

1130 - 1230 Lunch.
1230 - 1330 Take a Break or Paint Your T-Shirt!
1330 - 1500 Break Out Sessions II:

Break Out Sessions II

- Creative Processes and Visual Imagery: An Art Therapy Perspective – Part 2 – *Alan Briks*.
- Re-Creation: Integrating Creative Arts in Clinical and Community Practice – Part 1 – *Bonnie Bultz*.
- Creative Integration into Community Leisure – *Joy Reneker*.
- Spiffing Up Your Newsletters, Flyers, Calendars & Brochures – *Janet Matiisen*.
- Happiness is ... Laughing While You Work – *Patti Ballance*.

1500 - 1530 Nutrition Break.
1530 - 1700 Break Out Sessions III:

Break Out Sessions III

- Re-Creation: Integrating Creative Arts in Clinical and Community Practice – Part 2 – *Bonnie Bultz*.
- Horticulture Therapy: A Living Intervention – *Chris Makin*.
- Paper Making: Something Useful To Do With Junk Mail – *Sondra Musa*.
- Using the Creative Arts in a Therapeutic Recreation Context – *Kristin Ross & Kim Deimuth*.

1830 - 2100 Banquet, Awards and Entertainment:
1830 - 1900 Cocktails.
1900 - 2100 Banquet & ATRA Awards.
2100 - 2200 Loose Moose Theatre Sports.

...Open Your Mind To The Possibilities... 1993

KEYNOTE ADDRESS
0830 - 0930, FRIDAY, OCTOBER 15, 1993

**Through Chi to the Lightbulb:
Creativity, Transformation and Healing.**
Dr. Bernie Warren

Keynote Speaker – Biography:

Dr. Bernie Warren gained his initial training in the performing arts in Britain. He has worked as an actor, choreographer, dancer and director with theater companies in Britain and in Canada.

From 1975-80 he worked closely with H. T. (Bert) Amies' *Social Drama* team visiting schools, hospitals and other institutions throughout the United Kingdom and Ireland. Since moving to Canada in 1982 he has worked with schools, hospitals and community-based organizations in Alberta, British Columbia, Quebec, Saskatchewan and Ontario.

In 1988 he co-founded (with Dr. George Mager) *50-50 Theater Company*, a Montreal-based theater company dedicated to the integration of disabled and non-disabled performers. In 1992 he started *Prospero's Fools*, a Windsor-based theater company dedicated to the development of Barrier Free Theater.

Bernie Warren is a published playwright and poet and the author of numerous articles, chapters and books on the value of drama and arts education; the most recent being *Using the Creative Arts in Therapy: A Practical Introduction* (2nd. Edition), *A Theater in Your Classroom*, and *Disability and Social Performance*.

In 1980 he was elected a Fellow of the Royal Society of Arts in recognition of his work in drama education and dramatherapy and is listed in the 1992 edition of *Canadian Who's Who*.

In this address Dr. Warren will discuss the use of a variety of creative processes and approaches which professionals may explore as ways of promoting and maintaining optimum health for themselves and their clients. He will present some of the most recent international developments in the field, particularly the move away from 'Arts Therapy' towards 'Arts for Health'. He will also introduce the notion of the "creative moment" and revisit the concept of the "unique creative thumbprint". These ideas will be used to discuss the role that the unique creative processes of individuals can play in self-transformation and inter-personal communications.

T-SHIRT PAINTING

Explore your *own* creativity! Each person registered for the conference will be given a T-shirt. Use it as a personal canvas — experiment with fabric paints and applications — to make a shirt that's uniquely you! The T-shirt room will be open at scheduled times throughout the day. Watch for hours posted during the conference.

BREAK OUT SESSIONS I
1000 - 1130, FRIDAY, OCTOBER 15, 1993

Creative Processes and Visual Imagery: An Art Therapy Perspective – Part 1.

Alan Briks., M.A., A.T.R.

"An art expression symbolically actualizes the felt processes of life, its manifestations ranging from the slightest emotional impressions the most elaborate phases of awareness and emotion." Suzanne Langer

Through experiential activities and seminar, this presentation aims to enhance participants awareness of the value/potentials of creative visual expression in therapeutic treatment. The morning workshop will utilize a series of creatively oriented exercises aimed at stimulating personal expression and self awareness. The afternoon seminar will examine connections between creative and therapeutic processes through the art therapy context. Participants will also have the opportunity to explore approaches to artwork in the recreational therapy milieu.

Brief Biography:

Alan Briks, M.A., A.T.R., is a professional registered art therapist in private practice in Calgary. He has many years experience in hospital out-patient psychiatry, community family treatment centres and is a sessional instructor at the University of Calgary.

Innovative Interventions: Creative Activities for Alzheimer's/Dementia Individuals.

Lynn Pollemans, TR & Bonnie Clark, TR

What is the most challenging population you deal with in your facility? If your answer is *Alzheimer's Disease/Dementia*, this session is for you!

Tracking the Trends, 1994



**Alberta Therapeutic Recreation
Association
1994 Symposium & AGM**

TRACKING THE TRENDS

October 21 and 22, 1994

**Olympic Volunteer Centre
Calgary, Alberta**



ATRA



Tracking the Trends, 1994

TRACKING THE TRENDS

SCHEDULE AT A GLANCE

• THURSDAY, OCTOBER 20, 1994

8:00 - 8:45 Bus shuttle to the Blue Room and Registration

8:45 - 4:00 **Pre-Conference Session**

Multiculturalism, Recreation and Health

Presented By: Masako Miyazaki and Derek Briton From the Faculty of Rehabilitation Medicine at U of A

**separate registration package*

• FRIDAY, OCTOBER 21, 1994

7:30 - 8:30 Registration Desk Open (Coffee Available)

8:30 - 10:00 **Keynote Address**

1. Taking the Threat Out of Change • Gordon College

10:00 - 10:30 **Coffee and Muffin Break**

10:30 - 12:00 **Breakout Session I**

1. Dig Your Well Before You Get Thirsty • Gordon College

2. Grouping of Like Residents in Long Term Care: Bonus or Blunder? • Cathy Johnson

3. A Personal Perspective on Self Employment • Helga Rempel

12:00 - 1:00 LUNCH

1:00 - 2:30 **Breakout Session II**

1. Mental Calisthenics • David Saxby

2. Interested in Starting Your Own Business? • Joe Sather

3. Reflecting on Health Care Trends • Jill Kelland and Susan Scott

2:30 - 3:00 Coffee Break

3:00 - 4:30 **Breakout Session III**

1. Maintaining a Positive Environment While Enabling Change • Wendy Horricks

2. Life Options: "A Different Attitude for Aging"

• Renate Sainsbury

3. Professional Strategies and Tactics Modelled After Sun Tzu's "The Art of War" • Greg Ani and Susan Scott

• FREE TIME •
• MOVE TO THE BLUE ROOM •

6:30 - 7:00 Cocktails

7:00 - 9:00 Banquet and A.T.R.A. Awards

9:00 - 10:00 Entertainment

• SATURDAY, OCTOBER 22, 1994

ABOUT THE SESSIONS AND SPEAKERS

KEYNOTE SPEAKER - 9:00 - 10:30

• Taking the Threat Out of Change *By Gordon College*

Session Description

Change is an unavoidable powerful part of our lives today in Alberta, in Canada and in every country of the world. Change is happening so suddenly and unexpectedly and at such a great rate that there is evidence that even change itself is changing. When you ask someone what they'd like most, they often reply 'change'. At the same time if you ask someone what they fear most, they often reply, 'change'! Yet, change is something we know little about except that most of the time we don't like it. We need to understand that we are not at the mercy of change. In fact, taking the threat out of change is as simple as: A, B, C, (Attitude, Balance and Choice)!

Brief Biography

Gordon is an instructor in the Family Studies Program at the Lethbridge Community College. He provides educational support to faculties on a wide variety of topics. Most of his teaching is in the Workshop or Seminar setting, *however*, he is an accomplished after dinner speaker and conference keynote presenter who weaves humour into a thoughtful, caring message which audiences enjoy. Gordon is also an Associate Consultant in Community Development with the Westarc Group at the University of Brandon (MB). In addition, he serves the Family Business Institute at the University of South Dakota as a conference speaker and workshop facilitator.

SESSION I - 10:30 - 12:00

• Dig Your Well Before You Get Thirsty *By Gordon College*

Session Description

The biggest word in CAREER is CARE. Our professional motivation is to be a CARE-giver. It seems so natural to give to others: patients, co-workers, management, family and friends. We get stretched "to-the-max"! And where do we send for more elastic?! Our responsibility is to be a CARE-giver and a CARE-taker. In all that is happening around us: all the demands, all the pressure, we need to practice 'taking care' of ourselves. We need to learn 'balance' in daily living. What do we do when the 'well-runs-dry'!

Brief Biography (see Keynote Biography)

Tracking the Trends, 1994

Grouping Like Residents in Long Term Care: Bonus or Blunder? *By Cathy Johnson*

Session Description

In the light of major changes and cuts in Health Care in Alberta, every profession and every institution is compelled to examine its unique role in the system. This session will outline a process and evaluate the pros and cons experienced by Bethany Long Term Care Centre of Camrose, related to a grouping project. Was grouping into Dementia, Wellness, Pre-Senior, and Continuing Care a bonus or blunder? Learn how a paradigm shift was required by all those affected, and how the Recreation Therapy team and its programs "fared in" the process.

Brief Biography

Cathy has been working in Recreation Therapy for the past 18 years, most of them spent at the Glenrose Rehabilitation Hospital in Edmonton and Bethany Long Term Care Centre in Camrose. She received her B.A. in Recreation Administration from the University of Alberta in 1976. Work and leisure do not have highly structured boundaries for her, as family, household, career, and workplace all offer enjoyment, challenges, insights, and opportunities for growth - always.

• A Personal Perspective on Self Employment *By Helga Rempel*

This session will explore Helga's perspective on personal qualities needed for a successful business. An overview of the steps that made her business a successful one will be given: getting started, marketing, networking, work ethic, and vision. Helga will also talk on the benefits of self-employment; supervision, hours, and self-fulfillment.

Brief Biography

Helga Rempel is a Registered Dietitian with a Masters of Science in the area of Nutrition and Exercise Physiology. She has worked with the National Mens Volleyball Team, the National Swim Team and numerous other recreational and elite athletes. Helga taught at the University of Calgary and has lectured to various other groups. In addition, Helga has published training diaries for athletes, and appeared on CFCN News giving health and fitness tips for active people. Helga competed for the National Wheelchair track team and was a member of the 1988 Paralympic Team in Seoul.

SESSION II • 1:00 - 2:30

• Mental Calisthenics *By David Saxby*

The author, Tom Peters, states that "change can be unsettling especially in the Nanosecond Nineties". This practical, hands-on workshop will explore several creative tools which participants can use to prepare for changes in their professional and personal lives and the lives of their clients. Participants will discover how perceptions influence our ability to think creatively and how the creative skills, introduced in the workshop, can be applied to solve problems and develop options for the future.

Brief Biography

David Saxby is President and Creative Director of David Advertising Illustration and Design Ltd. an Alberta based firm started in 1979. David is a graduate of Alberta College of Art and the Illustrators Workshop Series (New York and California). Over the past decade, David Saxby and his companies have won numerous advertising industry awards. As speaker/lecturer and seminar facilitator, David has prepared and presented on topics ranging from marketing, advertising, and graphic design to creativity and tools for effective presentations.

• Interested in Starting Your Own Business? *By Joe Sather*

Come and learn from an individual who has been there. Mr. Sather has taught many business related courses in Calgary and has had first hand experience in starting his own small business. The key to a successful business is having a good business plan. Topics will include: financial planning, marketing, and an overview of the professionals you should consult prior to starting a business.

Brief Biography

Mr. Sather has been a licensed realtor since 1978. He is presently the owner and agent of Sather Real Estate Professional Inc. Mr. Sather has also owned and operated ten other businesses ranging from a Sports Shop, Marina, Sailboat Rentals to an Auction Company. He graduated with a Bachelor in Business Administration and Accounting and is a certified general accountant. His other credentials include certification as an Administrative Manager, he has also partially completed a Master of Business Education from Western Washington University.

Tracking the Trends, 1994

• Reflecting on Health Care Trends *By Jill Kelland and Susan Scott*

In March of 1994, the presenters attended the National Therapeutic Recreation Forum in San Diego, California, sponsored by the National Therapeutic Recreation Society. This session will highlight forum topics such as changes in health care and their implications for therapeutic recreation. The presenters will also provide their insights about the differences and/or similarities between U.S. and Canadian practitioners. The session will discuss the presenters' views on questions such as what is the impact of patient-focused care on therapeutic recreation? How has further formal professionalization impacted the therapeutic recreation field in the United States? Finally, the session will allow for questions and discussion on where our profession is going in Alberta and what strategies could be implemented to secure us a place in the future.

Brief Biographies

Jill Kelland - Jill graduated in 1986 from the University of Alberta with a degree in Recreation Administration - Special Populations. She also has a Master's degree in Therapeutic Recreation from the University of Wisconsin. Jill currently works as a recreation therapist in forensic psychiatry at Alberta Hospital, Edmonton. She has also been very active professionally and is just finishing her term as past president on the ATRA Board of Directors.

Susan Scott - Susan Scott graduated in 1973 from the University of Alberta with a degree in Recreation Administration. Susan has worked as the Director of Recreation Therapy at the Aberhart Hospital, Lynnwood Extended Care Centre and is currently the Director of Patient Services at the Glenrose Hospital. Susan is considered to be one of the pioneers of recreation therapy in Alberta.

SESSION III • 3:00 - 4:30

• Maintaining a Positive Environment While Enabling Change

By Wendy Horricks

New age managers are caring, concerned and creative. Their style of leadership can transform an organization through the articulation of a shared vision and the active participation of all its members, which can enable change to occur at every level in the organization. Visioning, encouraging creativity and enhancing organizational culture are the tools which emphasize the human elements of the workplace. The New Age Manager will access all of these human elements to create a safe and secure environment for change.

Brief Biography

Wendy graduated from the University of Alberta in 1986 with a degree in Physical Education - minor: Adapted PhysEd. She has worked as a Recreation Therapist for 8

• Life Options - "A Different Attitude for Aging" *By Renate Sainsbury*

Renate has been involved with research in the area of life satisfaction and the elderly, and has accessed funds to develop a Community Housing Project. This session will explain the independent housing model, and how it enhances an individual's quality of life by enabling them to remain in the community and utilize their abilities. Recreation Therapists play an important role in this process.

Brief Biography

Renate Sainsbury graduated with a B.A. Recreation Administration (Special Populations) from University of Alberta. She has worked at the Misericordia Hospital since September 1983 and was responsible for setting up Therapeutic Recreation in acute care. At present Renate is the Senior Recreation Therapist on a Geriatric Assessment Unit and also President of Life Options (Independent Community Housing). Renate was a sessional instructor at the University of Alberta teaching Principles and Processes in T.R. She has also held various positions on the A.T.R.A. Board, Northern Chapter.

• Professional Strategies and Tactics Modelled After Sun Tzu's "The Art of War" *By Greg Ani and Susan Scott*

The presenters will provide an interpretation of the philosophy, principles and ideas outlined in this "time honoured, world renowned" strategic masterpiece and explore how it may be applied to the field of recreation therapy. Those in attendance will be able to relate their own experiences and thoughts on this subject, gain some new insights and heighten their sense of perspective on major developments in the professional world.

Brief Biography

Susan Scott - (see previous biography)

Greg Ani - Greg Ani is Assistant Director of Patient Services at the Glenrose Rehabilitation Hospital in Edmonton where he coordinates Recreation Therapy, Volunteer Services and Aquatic Services. His 20 year professional experience includes teaching and provision of recreation therapy in several institutional settings. In recent years, he has become interested in exploring different schools of thought and principles for effective management.

SATURDAY'S SESSION • 8:30 - 9:30

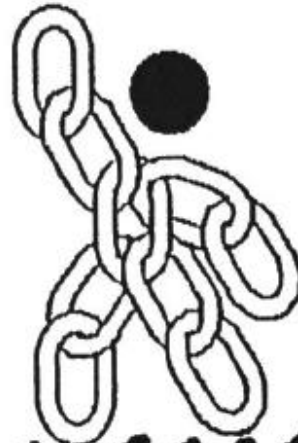
• Entrepreneurs in the Field

By Willy Shippey, Helen MacDonald-Bonan & Gary Fule

We are in turbulent times in the 90's with the vacillating economy, changing demographics, and public and private sector unrest. YET, with these "exciting" times comes opportunity, as we see professionals in the field of Recreation begin to break

Re-Creating Community Opportunities, 1995

**Alberta Therapeutic Recreation Association
1995 Symposium & AGM**



**LEISURE LINKS
Re-Creating Community Opportunities**

October 13 and 14, 1995

Re-Creating Community Opportunities, 1995

SCHEDULE AT A GLANCE

FRIDAY, OCTOBER 13, 1995

07:30 - 08:30 Registration (coffee and muffins available)

08:30 - 10:00

Keynote Address

The Importance of Understanding and Working with our Communities -
John Lord - North Dining Room

10:15 - 11:15

Breakout Sessions

1. Active Lifestyles Consulting - Linda Wilson - Founders Room
2. Building Self Confidence for Community Involvement - Eugene Ulmer & Allan Shaw - South Dining Room
3. The Role of Recreation Therapy in Day Support Programs - Barbara McKernan & Shannon Saunders - North Dining Room

11:30 - 12:30

Breakout Sessions

1. Expanding Community Opportunities: New Roles for Recreationists - John Lord - North Dining Room
2. Community Social Housing Model - Renate Sainsbury - South Dining Room
3. Home Alone, Killing Time - Dianne Bowtell (11:30 - 12:45) - Founders Room

Re-Creating Community Opportunities, 1995

03:15 - 04:15

Breakout Sessions

1. Craft Ideas for Different Populations - Janice McGregor Grace - Founders Room
2. Building Partnerships and Opportunity: A Success Story - Jill Kelland, Brenda Wong, Janice Rachinski, Cathy McAlear, Shirley Capp & Janet Greer - North Dining Room
3. Challenge Ropes Courses and Recreation Therapy: A Match Made in Heaven! - Linda Wilson - South Dining Room

04:30 - 05:30

Breakout Sessions

1. Workload Measurement Automation - Aaron Murphy & Kent Natrass - South Dining Room
2. Therapeutic Recreation Involvement in Adult Day Programming in Rural Alberta - Carla Beck - North Dining Room
3. Intergenerational Day Camp - Cathy Johnson - Founders Room

SATURDAY, OCTOBER 14, 1995

09:00 - 10:00

Breakfast Session

Canadian Therapeutic Recreation Association - Sherry Schaefer - North Dining Room

10:15 - 11:45

Issue Session - Charting Our Future...The Voyage Continues

12:00 - 01:00

Lunch

01:00 - 04:00

Annual General Meeting

Leisure Links, 1996

Alberta Therapeutic
Recreation Association

1996 Symposium & AGM
October 24, 25 and 26, 1996



October 24 Glenrose Rehabilitation Hospital
10230 - 111 Avenue
Edmonton, Alberta
Phone: 471-2262



Leisure Links, 1996

SCHEDULE AT A GLANCE

THURSDAY, OCTOBER 24, 1996

01:00 - 03:30 p.m. PRE-SYMPOSIUM SESSION

The Role of Recreation and Physical Activity in the Rehabilitation of Disabled Individuals - *Dr. Seppo Iso-Ahola*

Place: Glenrose Rehabilitation Hospital
Auditorium
10230 - 111 Avenue
Edmonton, Alberta

FRIDAY, OCTOBER 25, 1996

07:00 - 08:00 a.m. REGISTRATION/COFFEE

08:00 - 09:00 a.m. KEYNOTE ADDRESS

Care, Cost and Collaboration - Therapeutic Recreation Leads the Way - *Connie Burgess*

09:15 - 10:15 a.m. BREAKOUT SESSION

1. Therapeutic Recreation - Taking Outcome to a Higher Level - *Connie Burgess*
2. Leisure and Substance Abuse - *Dr. Seppo Iso-Ahola*

10:30 - 11:30 a.m. BREAKOUT SESSION

1. Linking Social Housing to the Community - *Renate Sainsbury and Marg Knechtel*
2. Garden for Life - *Lynn Dennis*
3. Adapted Technology: What's Out There? - *Rick Gingras*
4. Therapy Bytes - *Alan Shaw and Tammy Day*
5. Community Association Volunteer Support Program - *Patti Nicolson*

11:45 - 12:45 p.m. BREAKOUT SESSION

1. Consent and Negligence Issues in Therapeutic Recreation - *Aaron Murphy*
2. The World Affairs Discussion Group: Stimulating Community Interest - *Susan Bury and Bonnie Zimmerman*
3. Therapy Bytes - *Alan Shaw and Tammy Day*
4. The Friendly Neighborhood Effect: Grouping of Like Residents in Long Term Care - *Sherry Schaefer and Aimee Bourgoin*

12:45 - 02:45 p.m. LUNCH/AWARDS CEREMONY

02:45 - 04:45 p.m. BREAKOUT SESSION

1. Introduction to American Sign Language - *Darlene Murphy*
2. Elder Abuse - *Cheryl Kalinowski*
3. Seniors and Vision Loss - *Arlaine Monaghan*

02:45 - 03:45 p.m. BREAKOUT SESSION

1. Conceptualizing Therapeutic Recreation Service in the Community: A Service Model - *Jill Kelland*

03:45 - 04:45 p.m. BREAKOUT SESSION

1. Community Connections - *Brenda Wong*

SATURDAY, OCTOBER 26, 1996

09:00 - 10:00 a.m. BREAKFAST SESSION

Bio-Ethics in Health Care - *Glenn Griener*

10:15 - 11:45 a.m. ISSUE SESSION

Presented by A.T.R.A. Board

12:00 - 01:00 p.m. LUNCH

Leisure Links, 1996

THURSDAY, OCTOBER 24, 1996

PRE-SYMPOSIUM SESSION - 01:00 - 03:30 p.m.

The Role of Recreation and Physical Activity in the Rehabilitation of Disabled Individuals - Dr. Seppo Iso-Ahola

Location: Glenrose Rehabilitation Hospital Auditorium

SESSION DESCRIPTION

The purpose of my presentation is to examine the contribution of recreation and physical activity (exercise) participation to the rehabilitation of individuals with varying types of disabilities. Based upon the review of the research literature, this presentation seeks to determine the effects of active leisure, in general and of physically active leisure on physical and mental health and independent functioning of disabled individuals.

BIOGRAPHY

Dr. Iso-Ahola is an internationally renowned expert in the areas of social psychology and psychology as related to recreation and leisure. He is currently a professor in the Department of Kinesiology at the College of Health and Human Performance at the University of Maryland.

Dr. Iso-Ahola has published numerous books, chapters and research, articles on subjects such as the stress suffering effects of leisure, leisure and substance abuse perceived competence, and the overall impact of leisure on mental health. He has received world-wide honors and awards for the research and publications he has contributed to the field of leisure studies.

FRIDAY, OCTOBER 25, 1996

KEYNOTE ADDRESS - 08:00 - 09:00a.m.

1. **Care, Cost and Collaboration - Therapeutic Recreation Leads the Way - Connie Burgess**

BIOGRAPHY

Connie Burgess has participated in senior level management as a Director of Rehabilitation, Nurse Executive, Planner and Consultant and has 25 years experience in acute medicine and rehabilitation. She has assisted clients with redesigning their operational structures and has implemented innovative, streamlined, service delivery models throughout the continuum of care that are responsive to the new cost contained Managed Care environment. Connie has developed case management systems in acute, rehabilitation and sub-acute venues and has a strong background in assisting clinical staff to shift their paradigm from traditional care models to payor sensitive, reimbursement managed approaches. In recent years Connie has paid particular attention to the role rehabilitation has played in shaping interdisciplinary practice in the acute hospital setting.

BREAKOUT SESSION - 09:15 - 10:15 a.m.

1. **Therapeutic Recreation - Taking Outcome to a Higher Level - Connie Burgess**

SESSION DESCRIPTION

To be announced.

BIOGRAPHY


See biography above.

5th International Therapeutic Recreation Symposium, 1997



Program

5th International Therapeutic Recreation Symposium '97



MUST **ATRA** **IU**
Alberta Therapeutic Recreation Association

August 10-13, 1997
Westin Hotel
Edmonton, Alberta, Canada

Sponsored by
Alberta Therapeutic Recreation Association
Indiana University
University of Missouri

5th International Therapeutic Recreation Symposium, 1997

Committee Members

Steering Committee

USA

- Gerald Hitzhuzen
- Gary Robb
- Geoff Lanham

Canada

Hosting Committee Leadership

- Susan Bury, *Co-chairperson*
- Cheryl Prediger, *Co-chairperson*
- Renate Sainsbury
- Norm Ashdown

Hosting Committee Members

- Dianne Bowtell
- Jill Kelland
- Susan Scott
- Shelley Stasiuk
- Janice Rachinski
- Deanna LeSage
- Sherry Schaefer
- Lisette Lane
- Mary-Lou Mudie Duncan
- Margaret McCabe
- Kathy Robertson
- Deb Bontus
- Carla Krupka

- Darlene Murphy
- Shelley Pronyshyn
- Cathy McAlear
- Karen Michener
- Erin McFaddin
- Cindy Roth
- Tammy Day
- Charlene Alton
- Cathy Fagnan
- Eugene Ulmer
- Nord Mensah
- Terry Neumann

Letter of Thank You to the Local Committee Members

When I started this planning process three years ago, little did I know that I would see so many dedicated individuals giving of their time to make this the best Symposium ever. I would like to extend my sincere thank you to the local planning committee who met every month for the last 8 months. I know that they all have day positions and had to squeeze most of this work in. I am very proud of the job that was done and glad to have been a part of it.

Thank you again,

Susan Bury

5th International Therapeutic Recreation Symposium, 1997


MESSAGE FROM PREMIER RALPH KLEIN

On behalf of the Province of Alberta, I am delighted to extend a warm western welcome to everyone participating in the 5th Annual International Therapeutic Recreation Symposium in the City of Edmonton.

During this Symposium, you will have an opportunity to meet colleagues from around the world. I am sure the sessions will be productive and inspiring as you exchange information and ideas, and as you work together to find ways of improving the lifestyles of the elderly and disabled.

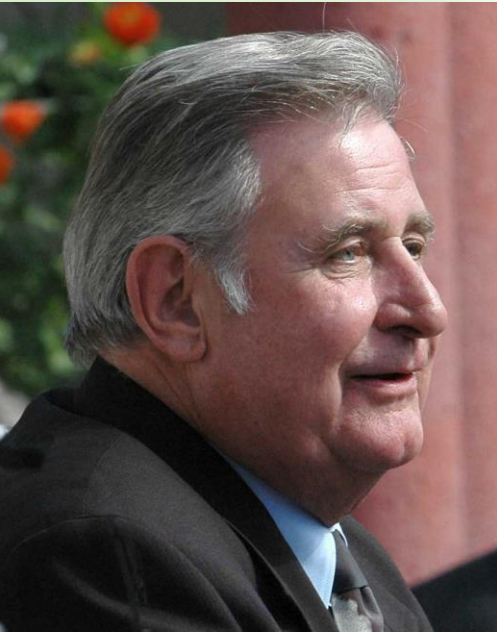
I invite you to also take time to enjoy our warm western hospitality. There is so much to see and do while you are here. Alberta is legendary for its beauty and diversity, and is renowned for its friendly people, magnificent scenery, and cosmopolitan centres offering great dining, shopping, arts and recreation.

Please accept my very best wishes for a successful conference and for a memorable visit to Alberta.



Ralph Klein

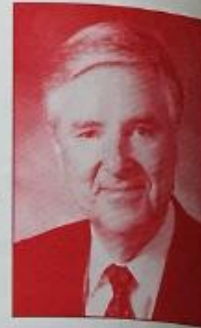
August 10 - 13, 1997



5th International Therapeutic Recreation Symposium, 1997



Edmonton Welcomes You



On behalf of City Council and the people of Edmonton, it is a pleasure to welcome you to the 5th Annual International Therapeutic Recreation Symposium. We are honoured to have been chosen as the site for this important international event.

Life can often present people with challenges that strain their ability to cope. Whether it be the inevitable ravages of time or unanticipated illness or injury, recreational therapists play a vital role in helping people adjust to new circumstances. By taking the entire person into account—the interplay between mind and body — you allow people to maintain optimum health and maximize their quality of life. With the presence of so many experts, your sessions are certain to be engrossing.

I encourage you to take the time to visit some of the attractions that make Edmonton a city to be proud of. Fort Edmonton Park, the John Janzen Nature Centre, the Space and Science Centre and the Nuttall Conservatory would all make an entertaining diversion. If you have an opportunity to travel beyond the city, the breathtaking panorama of Alberta's Rocky Mountains would be well worth the trip.

After hearing from some of the most prominent authorities in the field of recreation therapy, I hope you will return home with new insights and renewed determination. Best wishes for a successful symposium and for your work in the years ahead.

Yours truly,

Bill Smith
Mayor

The City of Edmonton logo, featuring the word "Edmonton" in a stylized font with "the city of" in smaller text above it.

5th International Therapeutic Recreation Symposium, 1997



Message From Sheila Weatherill

President and Chief Executive Officer
Capital Health

On behalf of all the staff of Capital Health, I am pleased to welcome you to our Region. Capital Health is one of 17 Regional Health Authorities in the province of Alberta and includes the cities of Edmonton and St. Albert and the County of Strathcona. We provide comprehensive health care services ranging from highly specialized, intensive medical interventions to programs targeted at preventing illness and injury and keeping people healthy. Programs meeting our citizen's needs throughout their lives include community health programs, home care and continuing care and emergency and timely medical care. Research, education and collaboration with other health regions and government is an important focus as we strive to improve our care in Alberta's health system.

Cutting across all of our services and programs is our commitment to a common vision ... healthier people in healthier communities. Your symposium highlights the important role Recreation Therapy plays in making it possible for people of all ages and abilities to achieve this goal.

Congratulations on your achievements and your continuing pursuit of professional excellence. Enjoy your symposium in Edmonton and be sure to take the opportunity to tour the Glenrose Rehabilitation Hospital, one of Capital Health's truly unique and outstanding facilities dedicated to excellence in rehabilitation.

A handwritten signature in cursive script that reads 'Sheila Weatherill'.

Sheila Weatherill
August 10 -13 ,1997



5th International Therapeutic Recreation Symposium, 1997

The 5th ITRS

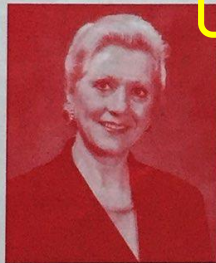
The original concept for an International Symposium on Therapeutic Recreation was based upon the model of the Midwest symposium on therapeutic Recreation, held annually in the United States since 1975. This model emphasizes the practice of therapeutic recreation along with research, development, technology, and the sharing of ideas that will ultimately benefit the quality of life of persons with disabilities and persons who are elderly. Through travel and technology, the world is much more accessible and we believe that the International Symposium on therapeutic recreation is a valuable continuing education program that facilitates the transfer of knowledge, resources, and social networks.

The University of Missouri and Indiana University have a rich history in cooperative efforts in the United States, the United Kingdom, Canada, and the Commonwealth of Puerto Rico. These two major state Universities are proud to join the Alberta Therapeutic Recreation Association in planning and producing ITRS V.

The first International Symposium was co-sponsored by the Nottinghamshire County Council and held in Nottingham, England; the second was co-sponsored by the Puerto Rico Department of Sport and Recreation and held in San Juan, Puerto Rico; the third was co-sponsored by the Ontario Recreation Society and held in Toronto, Ontario, Canada; and the fourth was co-sponsored by the Therapeutic Recreation Interest Section of the Florida Recreation and Parks Association and held in Orlando, Florida, U.S.A. The fifth is co-sponsored by the Alberta Therapeutic Recreation Association and will be held in Edmonton, Alberta, Canada.

This symposium is returning to Canada due to the excellent response of Canadian TR professionals to the third symposium held in Toronto and due to the excellent preparation and support provided by the Alberta Therapeutic Recreation Association. This will be one of the best continuing education opportunities available to TR Specialists in North America this year.

Featured Speaker



Maria David-Evans

Maria David-Evans has worked for the City of Edmonton for approximately 30 years. She began with the City's Parks and Recreation Department as an instructor/lifeguard and worked her way up to Director of Recreation and Maintenance. In 1980, she was promoted to a Branch Manager in the Planning Department and then in 1983 moved to take over as the Manager of Operations for the City's Community and Family Services Department.

Maria is well known for her community driven principles in public service, and for pioneering many collaborative efforts in Edmonton in the areas of family violence, and at-risk youth. Following the approval of the Safer Cities recommendations, Maria was appointed by City Council as the Manager of Edmonton's Safer Cities Initiatives, where she provided the leadership to implement the report's 250 plus recom-

mendations. Since May 1995, Maria has taken on the role of General Manager for Edmonton Parks and Recreation.

Maria believes in life-long learning and has attended the University of Alberta since 1968. Her undergraduate work includes Recreation Administration; Biology, Math and Economics. She has two Masters Degrees, one in Business Administration and a Masters in Sociology. Maria is currently working on her PhD in Criminology.

As an active volunteer in her community, presently Maria serves on the *Boards of the Clifford E. Lee Foundation and the Greater Edmonton Visitors and Convention Association*, as well as sitting on advisory committees for the *Faculty of Law and Grant MacEwan Community College*. She is also an accomplished Ice Carver, and together with her husband, has represented Canada at several International competitions winning Silver Medals and a cherished Gold Medal from the 1988 Olympics.

Celebrating Memories & Dreams, 1999

Alberta Therapeutic
Recreation Association
1999 Symposium & AGM



"Celebrating Memories & Dreams"

October 21 - 23, 1999
Calgary, Alberta



Good times come and go,
but the memories
will last forever.....

Celebrating Memories & Dreams, 1999

Welcome from the Organizing Committee

It is exciting to be welcoming you to the 1999 ATRA Symposium and Annual General Meeting. We are certain that you will find this year's theme of "celebration" to be very fitting over the next two days. While observing International Year of Older Persons, we have the pleasure of sharing some time with an inspiring senior as he marks his 103rd birthday. As well, we prepare to learn some of the predominant factors that will serve to equip our profession for the next millennium. The learning opportunities here will be stimulating to both the new or prospective practitioner and to those advancing and seeking fresh ideas and challenges.

The members of this year's symposium committee are:

Holly Abel (chair)	Debbie Goffinet
Darlene Murphy	Melissa Olin
Gloria O'Donnell	Helen McDonald-Bohan
Bob Tuffnail	Kim Francis
Cheryl Blischuk	

Also, we would like to express our gratitude for all of the items donated by sponsors of our silent auction and to the sponsors of our symposium package. Please look for notation of these individuals at the end of your symposium program.



Celebrating Memories & Dreams, 1999

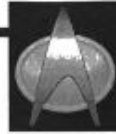
ATRA Symposium 1999 – Schedule at a Glance

Thursday, October 21st 7:00-10:00 pm	Gala Millennium Celebration: EDGEMONT Pre-Registration, Entertainment, Food, Drinks, Socializing, Silent Auction, Fun & Frivolity		
Friday, October 22nd 8:00-8:30 am	Registration, muffins & Coffee – FOOTHILLS I		
8:30-10:00 AM	Keynote Address: Mr. Tom Spear “Living Beyond 100” – FOOTHILLS I		
10:15-11:15 am Concurrent Sessions A	Room: CHARLESWOOD A-1 The Caring Moment: Creative Interventions in Dementia Care	Room: BRENTWOOD A-2 Re-Creation in Lifestyle Changes for Seniors with Substance Abuse Issues	Room: BRENTWOOD II A-3 Internet Made EZ
11:30 am-12 noon	Time to check out the displays in FOOTHILLS I		
12:00 noon-1:30 pm	ATRA Awards Luncheon – EDGEMONT ROOM		
1:45-2:45 pm	Room: CHARLESWOOD B-1 Getting a Good Night’s Sleep for Yourself & Your Clients	Room: BRENTWOOD I B-2 Internet Made EZ	Room: BRENTWOOD II B-3 Choosing Now for the Future

Celebrating Memories & Dreams, 1999

Saturday, October 23rd 8:30-9:00 am	Muffins & Coffee – Foothills I		
9:00-10:00 am Concurrent Sessions D	Room: BRENTWOOD D-1 The Climbing Wall	Room: Foothills I Getting Started with Horticulture Therapy	Room: CHARLESWOOD Ready, Set, Let's All Get Active
10:15-11:15 am Concurrent Sessions E	Room: CHARLESWOOD E-1 For the "Rec" of It: Telling the World What We Already Know	Room: BRENTWOOD I E-2 So You Want to Start a Day Program	Room: BRENTWOOD II E-3 Sit 'n' Dance
11:30-12:45 pm	Celebration Lunch and ATRA Issues Sessions – Foothills I "Non-Traditional Today, Traditional Tomorrow: Therapeutic Recreation in the 3 rd Millennium"		
1:00 pm	ATRA Annual General Meeting – Foothills I		

TREK-ING INTO THE FUTURE, 2000



TREK-ING INTO THE FUTURE

ALBERTA THERAPEUTIC
RECREATION ASSOCIATION

2000 SYMPOSIUM & AGM

to boldly go where no RT has gone before ...

OCTOBER 19-21, 2000
BEST WESTERN
VILLAGE PARK INN
CALGARY, ALBERTA



TREK-ING INTO THE FUTURE, 2000

ATRA Symposium 2000 ~ Schedule at a Glance			
Thursday, October 19			
9:00 am - 4:30 pm.	Pre-Conference Workshop: Critical Documentation Points for Therapeutic Recreation Marita Klooseck, Ph.D., CTRS		
7:00 - 10:00 p.m.	Inter-Galactic Social Event : Pre-Registration, Entertainment, Food, Drinks, Socializing, Silent Auction, Fun & Frivolity.		
Friday, October 20			
8:00 - 8:30 a.m.	Registration, Muffins & Coffee		
8:30 - 10:00 a.m.	Keynote Address:		
10:15 - 11:30 a.m. Concurrent Sessions A	A-1 Sharing the Magic: Tools & Interventions that Unite Teams in Caring (Part 1)	A-2 UNDER-STAND-ING: Enhancing Self-Concept, Communication and Movement Potential	A-3 Harnessing Growth in the TR Sector
11:30 a.m. - 12:15 p.m.	Time to check out the displays!		
12:15 p.m. - 1:45 p.m.	ATRA Awards Luncheon		
2:00 - 3:15 p.m. Concurrent Sessions B	A-1 Sharing the Magic: Tools & Interventions that Unite Teams in Caring (Part 2)	B-2 Ancient Art of Energy Healing: Essential to Future TR Practice	B-3 National Recreation Roundtable on Aboriginal/Indigenous People
3:15 - 3:45 p.m.	Coffee Break (More time to check out the displays!)		
3:45 - 5:00 p.m. Concurrent Sessions C	C-1 Spirit....In the Perennial Garden	C-2 The Effectiveness of Music Therapy for People with Developmental Disabilities	C-3 Making Sure the Silent Wheels Get the

TREK-ING INTO THE FUTURE, 2000

Saturday, October 21		
8:00 - 8:30 a.m.	Muffins & Coffee	
8:30 - 10:45 a.m. Concurrent Sessions D	D-1 Canadian Content in Therapeutic Recreation	D-2-A (8:30 - 9:30) Leisure Education for Older Adults Receiving Home Care Services
		D-2-B (9:45 - 10:45) The CHEERS Project
11:00 a.m. - 12:15 p.m.	Vesuvian Brunch-fest	
12:15 - 1:45 p.m.	Issues Session	
2:00 p.m.	ATRA Annual General Meeting	



2003 Symposium & AGM



2003 SYMPOSIUM & AGM

October 16, 17, 18

Lethbridge Lodge • Lethbridge • AB

2003 Symposium & AGM



2003 SYMPOSIUM AT A GLANCE

Thursday, October 16th - Preconference

8:00 a.m. - 9:00 a.m.	Registration and Refreshments
9:00 a.m. - 12:00 p.m.	Taking the Pain Out of Documentation
12:00 p.m. - 1:00 p.m.	Lunch (provided)
1:00 p.m. - 3:00 p.m.	Taking the Pain Out of Documentation
3:30 p.m. - 4:30 p.m.	On the MARRCC in Long Term Care
7:00 p.m. - 9:00 p.m.	Registration
7:00 p.m. - 10:00 p.m.	Wine and Cheese

Friday, October 17th

8:00 a.m. - 9:00 a.m.	Registration and Refreshments
9:00 a.m. - 10:30 a.m.	Key Note: Sweat the Big Stuff
10:45 a.m. - 11:45 a.m.	Annual General Meeting
11:45 a.m. - 12:15 p.m.	Exhibitor Showcase
12:15 p.m. - 1:15 p.m.	Lunch and Awards Ceremony

A-1 Volunteer
Recognition

A-2 FISH Philosophy

A-3 Being Healthy Under the
Rainbow

2003 Symposium & AGM

4:00 p.m. - 5:00 p.m. - C1
4:00 p.m. - 5:00 p.m. - C2
4:00 p.m. - 5:30 p.m. - C3

C-1 Songs We
Remember: Music
Without Musicians

C-2 Eating Disorders:
Providing Effective
Recreation Therapy
Services

C-3 Celebrating and
Understanding Diversity in
Communication

7:00 p.m. - 10:00 p.m.

Hawaiian Luau (pool party) at Lethbridge Lodge!

Saturday, October 18th

8:30 a.m. - 9:00 a.m.

Refreshments

9:00 a.m. - 10:30 a.m.

Issues Session: Health Professions Act

10:45 a.m. - 11:45 p.m.

D-1 Healthy Living Active
Living

D-2 Sit'N'Dance

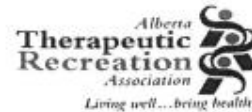
D-3 Revisiting Tools for
Surviving the Turbulence
in Health Care

12:00 p.m. - 1:00 p.m.

Wrap-Up with Care Package

Silent Auction: All items will be available for viewing/bidding commencing October 16th during the Preconference and the Wine and Cheese party and will continue the following day, Friday, October 17th until 1:30 p.m. The lucky winners will have their names posted by 5:00 p.m. All items will be ready to go on Saturday, October 18th. Payment can be made by cash or cheque only.

Therapeutic Recreation: Opening Doors, 2004



2004 SYMPOSIUM & AGM
October 14, 15 & 16

**THERAPEUTIC RECREATION:
OPENING DOORS**

**BEST WESTERN SHERWOOD HOTEL &
CONFERENCE CENTRE
SHERWOOD PARK, ALBERTA**

Registration Package





Therapeutic Recreation: Opening Doors, 2004

2004 SYMPOSIUM AT A GLANCE

Thursday, October 14th

8:00 a.m. – 9:00 a.m.

9:00 a.m. – 12:00 p.m.

12:00 p.m. – 1:00 p.m.

1:00 p.m. – 3:00 p.m.

7:00 p.m. – 10:00 p.m.

Preconference

Registration and Refreshments

Opening Doors to Hope: Living into Possibilities

Lunch (provided)

Opening Doors to Hope: Living into Possibilities (continued)

Fun & Fitness – Millennium Place, Sherwood Park, AB.

Friday, October 15th

7:30 a.m. – 8:30 a.m.

8:30 a.m. – 9:30 a.m.

11:00 a.m. – 2:00 p.m.

9:45 a.m. – 11:15 a.m.

Registration and Refreshments

Key Note: Live Better Each Day

Exhibitor's Showcase

Annual General Meeting

Therapeutic Recreation: Opening Doors, 2004

2004 SYMPOSIUM
Friday, October 15, 2004

KEYNOTE SPEAKER

"Live Better Each Day"
Bruce Bauman – Presenter

8:30 a.m. – 9:30 a.m.

Bruce will challenge you to look at your everyday life just a little bit differently. Bruce will assist you in this endeavor by relating a number of stories including his incredible story of being clinically depressed, achieving a weight loss equal to an entire person and becoming an Internationally Sponsored Athlete at the age of 46. He will allow you to learn from the steps he took to overcome obstacles to the successful completion of multiple Ironman Triathlons (3.8 km swim, 180.2 km bike, 42.2 km run) as well as many other and even greater personal accomplishments. You will leave the presentation with some thoughts on how you may be able to change how you view your life and enjoy every day to the fullest.

About the Speaker:

Bruce Bauman (Iron Canuck) has been called an "Inspiration", a "Realist", and a "True Leader" for practical approaches to leadership and motivation. An accomplished speaker and athlete, Bruce works with individuals and groups changing their lives by revolutionizing the way they think about their goals in everyday life. His message is delivered with a style of humoristic flair that allows participants to find humor in some of their chosen solutions to real life problems.

Bruce is sought-after by both corporate and non-profit groups alike as a speaker and/or workshop conductor. He has been fortunate enough to be able to deliver his message both nationally and internationally. Heralded to many in all walks of life, and one of today's most credible, he addresses audiences of all ages. Bruce holds a Bachelor of Education Degree from the University of Alberta and a Masters Degree from the University of Hard Knocks with a specialization in "Life Perspectives".

Bruce has successfully beat Clinical Depression and obesity. He has completed three Ironman Triathlons each in a Personal Best Time and has been a member of the Elite Timex Multisport Team since 2002. In April 2003, Bruce gave an address "Live Better Each Day" at the Adventure Therapy Conference in Victoria, British Columbia and in October 2003 at the World Ironman Championships in Kona, Hawaii, U.S.A.

Bruce is a passionate and compelling presenter and able to easily translate contrasting points of view and perspectives in themes that will support discussion and build duty and responsibility.

ANNUAL GENERAL MEETING

9:45 a.m. – 11:15 a.m.

LUNCH AND AWARDS CEREMONY

11:30 a.m. – 1:00 p.m.

Therapeutic Recreation: Opening Doors, 2004

1:15 p.m. – 2:15 p.m.

A-1 Setting Up Your Own Consulting Business

A-2 Cross Canada Check Up: How Recreation Therapists Across Canada are Opening New Doors
B-2 Therapeutic Recreation & Adult Day Support Programs

A-3 How to Balance the Scale

A-4 Physical Culture Association of Alberta: Older Adult Instructor Training Designate

2:30 p.m. – 3:30 p.m.

B-1 Push the Envelope!

B-3 Food for Thought: Enhancing Food Programs in Recreation Therapy

B-4 Interdisciplinary Teamwork in the Rehabilitation of Individuals Within Alberta

3:45 p.m. – 4:45 p.m.

C-1 Creating Community Capacity With Your Client's Art

C-2 From Cookies to Catering: The Creation of a Social Enterprise for Mental Health Consumers

C-3 Glenrose Rehabilitation Hospital: Recreation Therapy Service Review

C-4 AFLCA Ever Active Adults Course

7:00 p.m. – 10:00 p.m.

Chuckles & Chug & Harmonious Humor – Best Western, Sherwood Park, AB

Saturday, October 16th

8:30 a.m. – 9:00 a.m.

Refreshments

9:00 a.m. – 10:30 a.m.

Issues Session: Health Professions Act

10:45 a.m. – 11:45 a.m.

D-1 Moreton Bay Idol

D-2 Songs We Remember: Music Without Musicians

D-3 Certification in Canada: An Update On the Progress of the Certification Task Force

12:00 p.m. – 12:30 p.m.

Goodies to Go